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FOR MAY THURNER SYNDROME



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WHAT IS MAY THURNER SYNDROM?

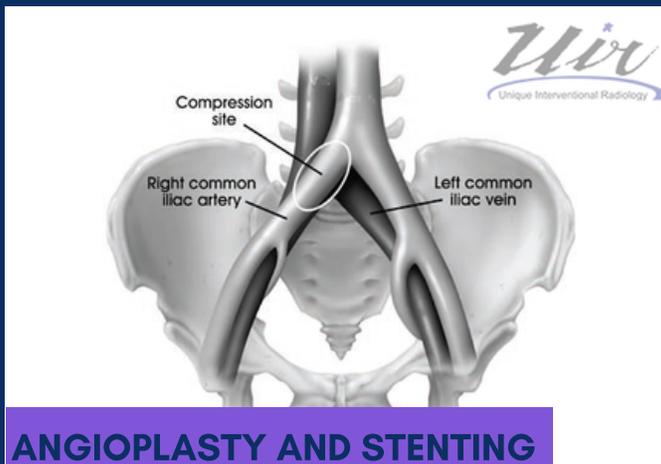
May-Thurner syndrome (MTS) also known as *Iliac Vein Compression Syndrome* is caused when the left iliac vein is compressed by the right iliac artery, which increases the risk of deep vein thrombosis (DVT) in the left extremity.

However, because May-Thurner syndrome can make it difficult for blood to circulate back to your heart, some people may experience symptoms without DVT.

Even though DVT itself is not life-threatening, the blood clot has the potential to break free and travel through the bloodstream, where it can become lodged in the blood vessels of the lung (known as a pulmonary embolism). This can be a life-threatening condition.

2 to 3 percent of those who develop a **DVT can attribute it to MTS.**

(Study 2015, www.ncbi.nlm.nih.gov)



ANGIOPLASTY AND STENTING

A small catheter with a balloon on its tip is inserted into the vein. The balloon is inflated to open the vein. A small mesh tube called a stent is then placed to keep the vein open. The balloon is deflated and removed, but the stent stays in place. Recovery is done at the center.

BENEFITS

- Improving blood flow in the left iliac vein.
- Helps relieve symptoms.
- Lower risk of developing DVT.
- Less invasive and relatively low-risk compare to surgery
- Local anesthesia and sedation
- No surgical incision is needed
- Return to your normal activities shortly after the procedure.



WHO'S AT RISK?

This condition is congenital but not hereditary and is more common in women than men. It shows up more frequently in young women between the ages of 20 and 40, after taking birth control medication, after pregnancy, especially following a long period of inactivity and as women age or as they gain weight.

WHAT ARE THE SYMPTOMS?

Most people with May-Thurner syndrome don't experience any symptoms unless it causes deep vein thrombosis (DVT).

- Occur predominantly in the left leg and can include:
- Leg pain
- Leg swelling
- Feeling of heaviness in the leg
- Leg pain with walking (venous claudication)
- Skin discoloration
- Leg ulcers
- Enlarged veins in the leg